

Complete Essentials with IsaGenesis - Women

Active Ingredients:

| | per Softgel | per Pack |
|---|-------------------|-----------------|
| IsaGenesis | | |
| Cyanocobalamin (vit B12) | 7 mcg | 14 mcg |
| Ascorbic acid (vit C) | 10 mg | 20 mg |
| Betacarotene | 1 mg | 2 mg |
| R-alpha lipoic acid | 7 mg | 14 mg |
| Quercetin dihydrate | 4 mg | 8 mg |
| Pomegranate (Punica granatum) fresh fruit juice | 36 mg | 72 mg |
| Harada (Terminalia chebula) fruit | 5 mg | 10 mg |
| Herbal extracts equivalent to dry: | | |
| Turmeric (Curcuma longa) root | 1.68 g | 3.36 g |
| Equiv. Curcumin | 39 mg | 78 mg |
| Acacia (Acacia nilotica) stem bark | 24 mg | 48 mg |
| Bacopa (Bacopa monnieri) herb | 125 mg | 250 mg |
| Boswellia (Boswellia serrata) gum oleoresin | 54 mg | 108 mg |
| Black tea (Camellia sinensis) leaf | 10 mg | 20 mg |
| White tea (Camellia sinensis) leaf | 23.2 mg | 46.4 mg |
| Equiv. Epigallocatechin-3-0-gallate | 695 mcg | 1.39 mg |
| Green tea (Camellia sinensis) leaf | 720 mg | 1.44 g |
| Equiv. Epigallocatechin-3-0-gallate | 14 mg | 28 mg |
| Goldthread (Coptis chinensis) root | 15 mg | 30 mg |
| Horny goat weed (Epimedium sagittatum) herb top | 205 mg | 410 mg |
| Panax ginseng whole plant | 125 mg | 250 mg |
| Raspberry (Rubus idaeus) fruit | 50 mg | 100 mg |
| Milk thistle (Silybum marianum) seed | 6.52 g | 13.04 g |
| Giant knotweed (Fallopia japonica) root | 2.4 g | 4.8 g |
| Equiv. Resveratrol | 15 mg | 30 mg |
| Bilberry (Vaccinium myrtillus) fruit | 28 mg | 56 mg |
| Grape (Vitis vinifera) seed | 800 mg | 1.6 g |
| Ashwagandha (Withania somnifera) root | 80 mg | 160 mg |
| Marigold (Tagetes erecta) flower | 467.5 mg | 935 mg |
| Lutein esters calculated as Lutein | 500 mcg | 1 mg |
| Equiv. Zeaxanthin | 167 mcg | 334 mcg |
| Essentials for Women | per Tablet | per Pack |
| Betacarotene | 982 mcg | 1.96 mg |
| Thiamine hydrochloride (vit B1) | 8.42 mg | 16.83 mg |
| Riboflavin (vit B2) | 8.68 mg | 17.35 mg |
| Nicotinic acid (vit B3) | 5 mg | 10 mg |
| Pyridoxine hydrochloride (vit B6) | 12.2 mg | 24.39 mg |
| Folic acid | 125 mcg | 250 mcg |
| Cyanocobalamin (vit B12) | 12.5 mcg | 25 mcg |
| Calcium pantothenate (vit B5) | 21.74 mg | 43.48 mg |
| Ascorbic acid (vit C) from | 30 mg | 60 mg |
| Calcium ascorbate | 30.49 mg | 60.98 mg |
| Magnesium ascorbate | 3.05 mg | 6.10 mg |
| Sodium ascorbate | 2.81 mg | 5.62 mg |
| Calcium from | 225 mg | 450 mg |
| Calcium citrate hydrate | 4.88 mg | 9.76 mg |
| Calcium carbonate | 586.49 mg | 1.17 g |
| Hydroxyapatite | 13.64 mg | 27.27 mg |
| Calcium gluconate | 11.30 mg | 22.60 mg |
| Calcium ascorbate | 30.49 mg | 60.98 mg |
| Magnesium from | 101.47 mg | 202.94 mg |
| Magnesium oxide heavy | 146.55 mg | 293.10 mg |
| Magnesium citrate | 105.65 mg | 211.30 mg |
| Magnesium ascorbate | 3.05 mg | 6.10 mg |
| Zinc from | 3.75 mg | 7.5 mg |
| Zinc amino acid chelate | 833 mcg | 1.67 mg |
| Zinc oxide | 3.75 mg | 7.50 mg |
| Zinc citrate dihydrate | 1.60 mg | 3.20 mg |
| Iodine from | 50 mcg | 100 mcg |
| Kelp (Laminaria digitata) blade and stem powder | 1.26 mg | 2.52 mg |
| Potassium iodide | 57.16 mcg | 114.32 mcg |

Active Ingredients:

| | per Tablet | per Pack |
|---|--------------------|--------------------|
| Essentials for Women (cont.) | | |
| Copper from | 500 mcg | 1 mg |
| Copper gluconate | 3.65 mg | 7.30 mg |
| Manganese from | 500 mcg | 1 mg |
| Manganese amino acid chelate | 2.5 mg | 5 mg |
| Chromium from | 12.5 mcg | 25 mcg |
| Chromium picolinate | 104 mcg | 208 mcg |
| Mixed tocopherols (high-alpha type) | 15.08 mg | 30.17 mg |
| Phytomenadione (vit K1) | 20 mcg | 40 mcg |
| Biotin | 125 mcg | 250 mcg |
| Selenium from | 25 mcg | 50 mcg |
| Selenomethionine | 62.5 mcg | 125 mcg |
| Potassium from | 12.5 mg | 25 mg |
| Potassium citrate | 34.72 mg | 69.44 mg |
| Alpha lipoic acid | 5 mg | 10 mg |
| Choline from | 1 mg | 2 mg |
| Choline bitartrate | 2.82 mg | 5.63 mg |
| L-cysteine from | 2 mg | 4 mg |
| Cysteine hydrochloride | 2.56 mg | 5.13 mg |
| Citrus bioflavonoids extract | 17.5 mg | 35 mg |
| Rutin | 17.38 mg | 34.75 mg |
| Hesperidin | 4.13 mg | 34.03 mg |
| Herbal extracts equivalent to dry: | | |
| Alfalfa (Medicago sativa) herb top | 22.5 mg | 45 mg |
| Flax (Linum usitatissimum) seed | 40 mg | 80 mg |
| Grape (Vitis vinifera) fruit | 2.5 g | 5 g |
| Green tea (Camellia sinensis) leaf | 100 mg | 200 mg |
| Milk thistle (Silybum marianum) seed | 80 mg | 160 mg |
| Pomegranate (Punica granatum) fruit | 8 mg | 16 mg |
| Ageless Actives | per Capsule | per Pack |
| Cholecalciferol (vit D3) | 6.25 mcg (250 IU) | 12.50 mcg (500 IU) |
| Ubidecarenone (Co-Enzyme Q10) | 25 mg | 50 mg |
| Flax (Linum usitatissimum) seed | 15 mg | 30 mg |
| Herbal extracts equivalent to dry: | | |
| Polygonum cuspidatum root | 10 g | 20 g |
| Equiv. Resveratrol | 62.5 mg | 125 mg |
| Pomegranate (Punica granatum) fruit | 25 mg | 50 mg |
| Ashwagandha (Withania somnifera) root | 5 mg | 10 mg |
| Wolfberry (Lycium chinense) fruit | 5 mg | 10 mg |
| Turmeric (Curcuma longa) root | 5 mg | 10 mg |
| Grape (Vitis vinifera) fruit | 68.75 g | 137.50 g |
| IsaOmega | per Softgel | per Pack |
| Concentrated omega-3 triglycerides - fish | 1000 mg | 1000 mg |
| Equiv. omega-3 marine triglycerides | 630 mg | 630 mg |
| Equiv. Eicosapentaenoic Acid (EPA) | 330 mg | 330 mg |
| Equiv. Docosahexaenoic Acid (DHA) | 220 mg | 220 mg |
| Pomegranate (Punica granatum) seed oil | 50 mg | 50 mg |
| Borage (Borago officinalis) seed oil | 20 mg | 20 mg |
| Evening primrose (Oenothera biennis) seed oil | 20 mg | 20 mg |
| Flax (Linum usitatissimum) seed oil | 20.2 mg | 20.2 mg |
| Sunflower (Helianthus annuus) seed oil | 373 mcg | 373 mcg |

Contains fish (sardine & anchovy) ingredients.



GLUTEN-FREE



DAIRY-FREE